

No well-stocked pantry should be without a jar of pasta sauce that's easily mistaken for homemade.

## 6. ORGANIC, FAIR-TRADE BAGGED TEAS

### Readers' fave:

**Yogi Green Tea Goji Berry**

Green tea and goji berries create sipping perfection you will enjoy again and again.



### Runners-up:

**Bija Lemon Ginger Echinacea Herbal Tea Blend** Perk up your taste buds and pick up your energy with this warming herbal blend.

**Choice Organic Teas Sweet Licorice Mint** Savor the sweet, refreshing taste of summer.

**Equal Exchange Organic Rooibos Tea** Earthy yet smooth, this noncaffeinated brew will make you a rooibos convert.

## 7. CHIPS

### Readers' fave:

**Food Should Taste Good Blue Corn Tortilla Chips**

Flaxseeds and quinoa mingle with organic blue corn in this delightfully light, crispy chip.



### Runners-up:

**Famous Brands Organics Original Falafel Chips** No dip required for these big, flavorful crunchers.

**Good Health Natural Foods Avocado Oil Potato Chips, Barcelona Barbecue** Avocado oil adds a rich dimension to spicy-sweet barbecue chips.

**Terra Exotic Harvest Vegetable Chips, Sea Salt** Each bite is a flavorful surprise.

## 8. CRACKERS

### Readers' fave:

**Milton's Original Multi-Grain Baked Crackers**

The blend of seeds and grains keeps you coming back for more.



### Runners-up:

**Crunchmaster Multi-Seed Crackers, Original A** gluten-free and totally addictive blend of toasted sesame seeds, quinoa, flax, and amaranth.

**Doctor Kracker Organic & Artisan Baked Flatbread, Seedlander** Deeply crunchy and satisfying.

**Mary's Gone Crackers Original** These delicious, thin disks are easy to eat—and love.

## 9. NATURAL PEANUT BUTTERS

### Readers' fave:

**Adams 100% Natural Peanut Butter, Creamy** Go nuts finding all the recipes that will shine with this spread.



### Runners-up:

**Justin's Organic Classic Peanut Butter** If you loved Skippy or Jif as a kid—but demand organic as a grown-up—try this subtly sweet spread.

**Laura Scudder's All Natural Old Fashioned Peanut Butter, Smooth A** longtime favorite of the VT staff.

**Once Again Organic Smooth No Salt Peanut Butter** Going au naturel never tasted so good.

## 10. JAMS & FRUIT SPREADS

### Readers' fave:

**Eden Organic Apple Cherry Butter**

Spreadable fruit that tastes like it's straight from the tree.



### Runners-up:

**Bonne Maman Four Fruits Preserves A** blend for the gods: cherries, strawberries, red currants, and raspberries.

**Crofter's Superfruit Spread, Europe A** continental combo of organic pomegranate, black currant, Morello cherries, and red grapes.

## 11. MAYOS

### Readers' fave:

**Spectrum Organic Omega-3 Mayonnaise with Flax Oil**

A classic with supreme flax power.



### Runners-up:

**Follow Your Heart Original Vegemise** This whipped vegan alternative will make your sandwiches and tofu salads silkier than ever.

**Miso Mayo Garlic 'N' Dill** Get your B12 with this flavor-packed spread.

**Nasoya Dijon Style Nayoisa** A mustardy blend, great with tempeh BLT sandwiches.

## 12. BREADS

### Readers' fave:

**Rudi's Organic Bakery 7 Grain with Flax**

Light, fluffy texture with a subtle sweetness.



### Runners-up:

**Alvarado St. Bakery California Style Complete Protein Bread** Hearty with wheat berries, millet, and lentils, this healthful bread is light-tasting.

**French Meadow Bakery Certified Organic 100% Rye Bread with Flaxseed** Thin, moist slices that taste great toasted.

## 13. BAKED SWEETS

### Readers' fave:

**Earnest Eats Choco Peanut Butter Bar**

Forget the candy bar. This sweet treat is all you need.



### Runners-up:

**Health Valley Original Amaranth Bran Graham Crackers A** guilt-free, high-fiber dessert with a rich molasses flavor.

**Nairn's Oat Biscuits, Mixed Berries** Tangy berries and sweetened oats put this biscuit in the I-can't-believe-it's-vegan category.

**O'Cookies Wholesome Bites Vegan Dark Chocolate Raisin Oat VT** staffers were hoarding these mini cookies in their desk drawers.

## 14. VEG TORTILLAS

### Readers' fave:

**La Tortilla Factory Smart & Delicious 100 Calorie Tortillas, Whole Wheat**

Tasty, low-cal, and loaded with fiber (8 grams per serving)—everything you've ever wanted in a tortilla!



### Runners-up:

**Food for Life Ezekiel 4:9 Sprouted Grain Tortillas** Make every carb count with these wholesome sprouted grains.

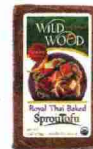
**Rudi's Organic Bakery Spelt Tortillas** Liven up your wrap recipes with some spelt.

## 15. TOFU TWISTS

### Readers' fave:

**Wildwood Organics Royal Thai Baked SprouTofu**

Great baked-in flavor adds a yum factor to any meal.



### Runners-up:

**Nasoya Silken Style Creations** Our beloved strawberry flavor was discontinued, but all is not lost—there is still dark chocolate.

**Helen's Kitchen Original GardenSteak** Precooked and packed with protein, this is the perfect sandwich stuffer.

**Soyganic Smoked Tofu** A little smoky protein goes a long way, especially in salads.