



2. La Tortilla Factory Smart & Delicious 100 Calorie Tortillas, 100% Whole Wheat

*PER SERVING (1 tortilla): 100 calories, 1.5g fat, 320mg sodium, 24g carbs, 8g fiber, 3g sugars, 5g protein -- POINTS® value 1**

These brand-new tortillas from [La Tortilla Factory](#) are easy to fall for. They're tasty, low in calories and fat, high in fiber, and LARGE. Seriously. We measured them in the HG kitchen, and they're about 2 inches bigger in diameter than our beloved [Low Carb High Fiber tortillas](#) made by the same company. For big, veggie 'n protein packed wraps, these things ROCK... and give you a little more room to work with. They're starting to appear in stores this month, so look out for 'em!

